



Agency Name: Planned Parenthood of South Central New York, Inc.

Program Name: Reaching Out - Access to Health Care

Program Success Story:

Several years ago a middle aged man who is a single father started coming to Planned Parenthood of South Central New York for educational material. He was raising two young daughters on his own and he was concerned about his ability to provide “correct” answers and education as they began to enter puberty. PPSCNY educators provided him with books and skills to tackle what seemed to him a daunting task.

He survived the education phase of his daughters growing up years and as they became teens of 16 and 17 he came back to PPSCNY to get them medical appointments. He wanted to impart the importance of an annual reproductive health care examination to his daughters. He also firmly believed that contraception and safe sexual practices to prevent disease was and is an important and responsible step for his daughters to take. While he certainly did not encourage them to become sexually active at their ages, he knew that it could happen and he wanted them to have a health care provider they could come to and trust should they become sexually active.

PPSCNY clinicians take the time to make all our patients feel comfortable. They answer all questions in a non-judgmental manner and are good at coaxing out questions that patients, especially teens, might have. By taking the time with all patients, PPSCNY clinicians hope to instill the importance of routine gynecological health care.

This dad and his daughters have a wonderful, open form of communication. The daughters have strong values and the tools to make informed decisions about their sexuality. We recognize that it is difficult for parents to think of their children in the context of having a sexual relationship. We applaud this dad for getting assistance in providing his children with medically appropriate education and in taking the step to introduce them to important health care that should become an annual practice.