

**UNITED WAY OF BROOME COUNTY**



Agency Name: Boys & Girls Club of Western Broome, Inc.

Program Name: Youth Sports Program

Program Success Story:

A young teenager joined the gymnastics program, and after a few months signed up to volunteer as a coach. After coaching for several months, the younger children began to look up to her. Her grandmother commented to the coach about how much the program had helped her granddaughter by raising her self-esteem. As a result of all the physical and mental activity, she also was able to discontinue her anti-depressant medication.