

**UNITED WAY OF BROOME COUNTY**



Agency Name: Boys & Girls Club of Western Broome, Inc.

Program Name: Adult Exercise Program

Program Success Story:

The oldest participant in our class is an 84-year-old lady who has had several hip replacements. She is the hardest worker in the class and inspires everyone. She has gained a great deal of balance through the strengthening exercises in Pilates and recommends the class to all her friends.